

Reading fast & efficiently - classroom and online training

Scientific work involves a significant amount of reading. How about increasing your reading speed by 50-100% while at the same time improving the quality of your reading...and boosting your motivation? In this systematic step-by-step training program of practical exercises and well dosed theoretical parts you will overcome the typical three main reading faults and sharpen the focus of your reading.

The **course aim** is to considerably enhance your individual reading efficiency:

- increased your reading speed (around 50-100%, depending on text difficulty and English proficiency)
- better text comprehension
- variation of different reading techniques
- improved memory retention
- higher level of concentration and motivation

Classroom course

The first part of the course (9am-1pm) is a "crash course" introduction into the main speed reading techniques (fast, efficient eye movements, avoidance of the three main reading faults). During the second part (2-5pm) you will be introduced into the procedures of the ensuing speed reading online training. In addition you'll find out more about how to deal with scientific texts and how to read from the computer screen in a less exhausting way.

Speed Reading Online course (within 2 to 4 weeks after the classroom training)

The full Improved Reading program is offered to you as an online training after the one day classroom course. Independently of time and place you can train by yourself - the only equipment you need is a computer with internet connection (no software download required!). Within up to four weeks you are continuously accompanied and guided by an experienced trainer who answers your questions and proactively analyses your results each workday. The learning program is a hands-on practical training process with many lively exercises, tests and feedback loops. Thus you will immediately train the new speed reading techniques and integrate them into your everyday reading habits.

Target audience

The workshop will be held in English - for all doctoral candidates who read many English texts on a regular base. Good/very good English reading (not necessarily speaking) proficiency is expected (approx. B2 English language level).

Term and application for the classroom course

- May 14, 2018, 9am – 5pm
- Venue: 06120 Halle (Saale), von-Seckendorff-Platz 1, Kolloquiumsraum 5.10 (in the attic)
- Group size: maximum 12.
- Workshop-Language: English.
- **Application period between March 6 and April 30**
email to: **koordination@ingra.uni-halle.de**
- Applications are considered in chronological order of receipt. You get information.

Trainer

Friedrich Hasse, M.A., Improved Reading Trainer since 2003 in German and English, co-author of the best-selling book “Schneller lesen - besser verstehen” (“Read faster with better comprehension”, 80.000 sold copies since 2008). More information in German see:
<https://speedreading.berlin/blog/>

http://www.ingra.uni-halle.de – http://www.ingra.uni-halle.de/courses/
